

We Invite and welcome your support for the grieving members of our parish family.

Two ways to sign up to be a part of Sacred Heart's Bereavement Ministry

Use the QR Code below or:



Contact the Parish Office:  
(408) 867-3634

## SACRED HEART BEREAVEMENT MINISTRY



WORSHIP. COMMUNITY. SERVICE.  
**SACRED HEART PARISH**

13716 Saratoga Avenue • Saratoga, CA 95070-5432

*We are each of us angels with only one wing, and we  
can only fly by embracing one another.*

*—Luciano De Crescenzo*

## SUPPORT FOR THE GRIEVING

---

### Mission

Our Lord assured us those who mourn are blessed and that they shall be comforted. The Bereavement Ministry provides us with the opportunity to embrace compassionately more fully those members of our parish who are grieving the loss of a loved one, so that no one will have to grieve alone.

Many of us have experienced loss and walked the healing journey. We invite you to offer compassion, wisdom and to be a listening presence to help others find their way through the grieving process.

### Sacred Heart's Bereavement Ministry

The Bereavement Ministry calls us to embrace compassionately more fully those members of our parish who are grieving the loss of a loved one.

### We Need Volunteers to Provide Consolation in Four Areas:

#### MEETING THE NEEDS OF THE FAMILY

---

A Family Funeral Support Minister will meet with the family to offer consolation on behalf of our parish family. At this meeting we strive to determine how best we can support the family through the funeral process. The Minister will also attend the Celebration of Life Mass and will assist the sacristan and family as needed.

#### KITCHEN ANGELS

---

The Sacred Heart Kitchen Angels are volunteers that are here to help families honor their loved one by providing a reception in our Notre Dame Hall. A team of Kitchen Angels will work with the family regarding all reception details and use of our facility



#### ABIDING CARE

---

Support is offered to those grieving in the days and months after the services. An Abiding Care Minister will periodically contact the family, offering consolation through hand written notes, cards and include inspirational Care Notes, each addressing different aspects of Grief as needed until the first anniversary of the deceased. Materials provided by the ministry.

This Ministry will assist in the planning of Sacred Heart's Annual Memorial Mass and reception in November.

#### GRIEF SUPPORT GROUP

---

Grief Support Group sessions lasting six weeks will be facilitated by trained volunteer counselors. Everyone who is grieving is welcome to come and share their story of loss and be heard with compassion and hope.

A June Morning Mass of Remembrance will provide an opportunity for prayer and sharing.

To learn more about volunteer opportunities, please call  
the Parish Office, (408)867-3634.